

Armada Family Practice Newsletter

Flu clinics

Just a reminder that we still have Flu Vaccination appointments left. To book please call us or come to reception.

Issue 38
February 2020

It's not too late to get your Flu Vaccination



Ladies Important Information

Cervical Screening

NHS Cervical screening helps prevent cervical cancer. Cervical cancer happens when cells in the cervix grow in an uncontrolled way and build up to form a lump. Cells can eventually spread to other parts of the body and become life-threatening.



What is Cervical Screening?

Cervical screening (which can be known as 'smear test' involves taking a small sample of cells from the surface of your cervix. The sample is sent to a laboratory and checked under a microscope to see if there are any abnormal cells. Abnormal cells are not cancer, but they could develop into cancer if they are left untreated.

Depending on the result of your test, your sample may be tested for the types of human papillomavirus (HPV) that can cause cervical cancer.

Wuhan novel coronavirus

Wuhan novel coronavirus (WN-CoV) is a new respiratory illness that has not previously been seen in humans. If you have travelled to Wuhan City in China in the last 2 weeks or been in contact with anyone that has travelled and you feel unwell, call NHS 111 for advice and stay indoors.

Do not go straight to a doctor's surgery or hospital. For more information please visit this website <https://www.nhs.uk/conditions/wuhan-novel-coronavirus/>

Surgery Opening Times

8:30 TO 6:30PM

MONDAY TO FRIDAY

Emails

Would you like to receive our surgery newsletter by email? If so please ensure we have your up to date email address.

Facebook

We now have our own Facebook page to keep our patients informed of useful information and details of current affairs within the practice.

You can find us under

Armada Family Practice–
Whitchurch Health Centre



Useful Telephone Numbers

NHS 111 (out of hours)	111
District Nurse	01275 547040
Health Visitors	01275 547031
BRI	0117 923 0000
Southmead Hospital	0117 950 5050
St Peter's Hospice	0117 915 9400
Alzheimer's Society	0117 961 0693
CRUSE bereavement	0117 926 4045
Diabetes Education	0117 959 8970
Dementia Helpline	0845 300 0336
Carers Support	0117 965 2200
SBCH	0117 342 9692
Midwives	0117 342 9841

During January we had 95 GP appointments & 93 treatment room appointments that patients did not attend or cancel.

This totals a shocking 188 wasted appointments during January and a cost to the practice of £4,255.20

Missed GP appointments costing NHS millions

More than 15 million general practice appointments are being wasted each year because patients do not turn up and fail to warn surgeries that they will not be attending. There are around 307 million sessions scheduled with GPs, nurses, therapists and other practice staff every year and 5% – one in twenty – are missed without enough notice to invite other patients. That works out as around 15.4 million missed slots.

We cannot treat an empty seat



We cannot care for an empty chair

CQC Inspection

The Care Quality Commission (CQC) are the independent regulator of health and adult social care in England. The CQC make sure health and social care services provide people with safe, effective, compassionate, high-quality care and encourage them to improve. They monitor, inspect and regulate services to make sure they meet fundamental standards of quality and safety and publish what is found, including performance ratings to help people choose care. Our GP Practice has recently undergone a CQC inspection and we were rated "good" in all areas. The report can be found on our practice website under the tab care quality commission. www.armadapractice.co.uk

Good



Contact Details

Please can you inform us if your contact details change. From time to time we may have to speak to you urgently and this can be very difficult if we don't have an up to date telephone number, either a land line or mobile number, or both, is very helpful.

