

Armada Family Practice Newsletter

Important Information Ladies

Cervical Screening

NHS Cervical screening helps prevent cervical cancer. Cervical cancer happens when cells in the cervix grow in an uncontrolled way and build up to form a lump. Cells can eventually spread to other parts of the body and become life-threatening.

What is Cervical Screening?

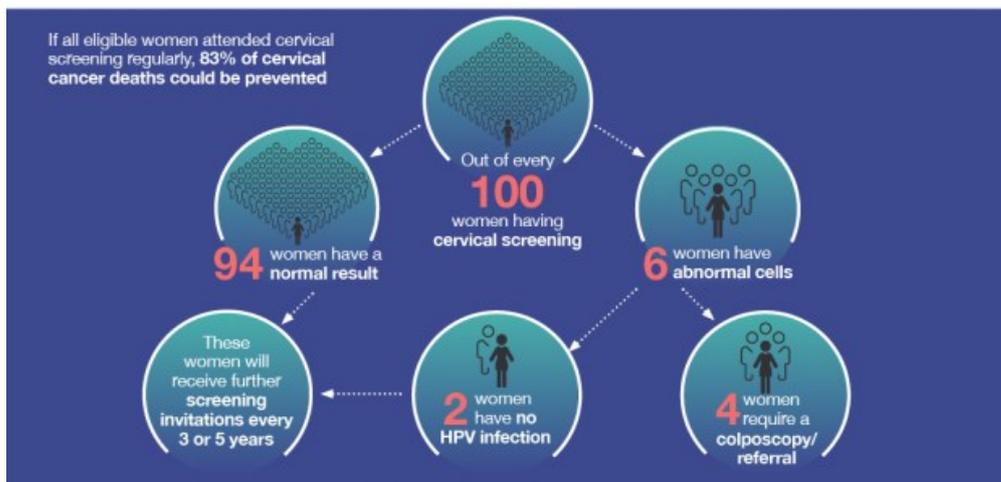
Cervical screening (which can be known as 'smear test' Involves taking a small sample of cells from the surface of your cervix. The sample is sent to a laboratory and checked under a microscope to see if there are any abnormal cells. Abnormal cells are not cancer, but they could develop into cancer if they are left untreated.

Depending on the result of your test, your sample may be tested for the types of human papillomavirus (HPV) that can cause cervical cancer.



Public Health England

Healthmatters The benefits of cervical screening



Saturday morning appointments

There are now Saturday morning routine appointments available.

This increased availability is an extension of the services offered by your practice and is provided by GPs, nurses and health care assistants.

Please note, this is not a walk-in service – you will need to make an appointment. Saturday morning appointments are for routine issues and not for urgent care. If we do not have an appointment to suit you we may be able to find you an appointment at another practice.

Patient Participation Group (PPG)

We are holding a PPG meeting Monday 4th March 2019. If you wish to join the group please ask at reception for an application form.

Issue 27
February 2019



Surgery Opening Times

8:30 TO 6:30PM

MONDAY TO FRIDAY

Emails

Would you like to receive our surgery newsletter by email? If so please ensure we have your up to date email address.

Facebook

We now have our own facebook page to keep our patients informed of useful information and details of current affairs within the practice.

You can find us under

Armada Family Practice—
Whitchurch Health Centre



Useful Telephone Numbers

NHS 111 (out of hours)	111
District Nurse	01275 547040
Health Visitors	01275 547031
BRI	0117 923 0000
Southmead Hospital	0117 950 5050
St Peter's Hospice	0117 915 9400
Alzheimer's Society	0117 961 0693
CRUSE bereavement	0117 926 4045
Diabetes Education	0117 959 8970
Dementia Helpline	0845 300 0336
Carers Support	0117 965 2200
SBCB	0117 342 9692
Midwives	0117 342 9841

During January we had 101 GP appointments & 90 treatment room
Appointments that patients did not attend!

This totals a shocking 191 wasted appointments during January.

Please call the surgery to cancel your appointment if you are unable to make it or you no longer need it, giving as much notice as possible, so the appointment can be rebooked by another patient.

Did you know you can order your repeat medication and also book GP appointments via online via patient access?

All you need is to register with photo ID at reception.

Order repeat prescriptions with Patient access

Minimise your trips to the practice by requesting your prescriptions online

- ✓ View
- ✓ Request
- ✓ Check progress

Manage your prescriptions on the move with the free Patient Access app

Ask at reception for details and visit www.Patient.co.uk/access

emis Patient.co.uk

Book your next appointment with Patient access

Manage your appointments online, at home or work

- ✓ View
- ✓ Book
- ✓ Cancel

Manage your appointments on the move with the free Patient Access app

Ask at reception for details and visit www.Patient.co.uk/access

emis Patient.co.uk

EPS - Electronic Prescription Service

If you sign up for EPS you will not have to visit your GP practice to pick up your paper prescription. Instead, your GP will send it electronically to the pharmacy you choose, saving you time.

You will have more choice about where to get your medicines from because they can be collected from a pharmacy near to where you live, work or shop.

Is this service right for you?

Yes, if you have a stable condition and you:

- Don't want to go to your GP practice every time to collect your repeat prescription
- Collect your medicines from the same place most of the time or use a prescription collection service now.

How can you use EPS?

You need to choose a place for your GP practice to electronically send your prescription to or ask any pharmacy to add a nomination for you.