

# Armada Family Practice Newsletter

## Christmas Opening Times

We are closed for Christmas on Wednesday 25th and Thursday 26th December. We are also closed New Years Day Wednesday 1st January 2020. Please order your prescriptions in good time for the Christmas holidays. It takes 72 working hours to ensure your prescriptions are ready for collection.



Issue 36  
December 2019



For 2 weeks during this busy time of year and to support A&E we will be providing same day GP appointments only (excluding the days we are closed). These appointments will be used for new illnesses or any chronic illnesses which have worsened over the bank holiday period. If you are experiencing chest pain or any other life threatening symptoms you should phone 111 or 999 immediately. The following weeks will be same day appointments only:

**Week Commencing - 23rd December 2019**

**Week Commencing - 30th December 2019**

For any coughs, colds and upset stomachs please visit your local pharmacy or the NHS Choices website. As you may already be aware, in July 2019 we launched a new service for patients with minor illnesses. We can offer you a same-day consultation with a community pharmacist at your local pharmacy. They will use an on-site consultation room to carry out an assessment, give advice and recommend appropriate treatment using over the counter medicines to safely manage your health concern. The consultation you have with the pharmacist will be sent electronically to your GP and added to your medical records.



## Contact Details

Please can you inform us if your contact details change. From time to time we may have to speak to you urgently and this can be very difficult if we don't have an up to date telephone number, either a land line or mobile number, or both, is very helpful.

If you move home you MUST inform us of your new address, patients who move/ live outside our catchment area will be asked to register with a new GP that's closer to their new address.

If you have a mobile number please inform reception, we are now sending more communication via SMS messages.



## Surgery Opening Times

8:30 TO 6:30PM

MONDAY TO FRIDAY

### Emails

Would you like to receive our surgery newsletter by email? If so please ensure we have your up to date email address.

### Facebook

We now have our own Facebook page to keep our patients informed of useful information and details of current affairs within the practice.

You can find us under

Armada Family Practice—



Whitchurch Health Centre

## Useful Telephone Numbers

NHS 111 (out of hours)	111
District Nurse	01275 547040
Health Visitors	01275 547031
BRI	0117 923 0000
Southmead Hospital	0117 950 5050
St Peter's Hospice	0117 915 9400
Alzheimer's Society	0117 961 0693
CRUSE bereavement	0117 926 4045
Diabetes Education	0117 959 8970
Dementia Helpline	0845 300 0336
Carers Support	0117 965 2200
SBCH	0117 342 9692
Midwives	0117 342 9841

During November we had 119 GP appointments & 162 treatment room appointments that patients did not attend or cancel.

This totals a shocking 281 wasted appointments during November and a cost to the practice of **£5780.70**

### **Pharmacy Opening Times**

#### **ASDA:**

Monday 23rd December 2019	08:00—23:00
Tuesday 24th December 2019	07:00— 23:00
Wednesday 25th December 2019	CLOSED
Thursday 26th December 2019	09:00—18:00
Friday 27th December 2019	07:00—23:00
Saturday 28th December 2019	07:00—22:00
Sunday 29th December 2019	10:00—16:00
Monday 30th December 2019	08:00—23:00
Tuesday 31st December 2019	07:00—23:00
Wednesday 1st January 2020	10:00—17:00
Thursday 2nd January 2020	07:00—23:00

#### **TESCO BRISLINGTON:**

Tuesday 24th December 2019	08:30—19:00
Wednesday 25th December 2019	CLOSED
Thursday 26th December 2019	CLOSED
Friday 27th December 2019	08:30—19:00
Saturday 28th December 2019	08:30—19:00
Sunday 29th December 2019	08:30—19:00
Monday 30th December 2019	08:30—19:00
Tuesday 31st December 2019	08:30—19:00
Wednesday 1st January 2020	CLOSED
Thursday 2nd January 2020	08:30—19:00

#### **BOOTS IMPERIAL:**

Wednesday 25th December 2019	CLOSED
Thursday 26th December 2019	09:00—18:00
Friday 27th December 2019	09:00—18:00
Saturday 28th December 2019	09:00—18:00
Sunday 29th December 2019	09:00—18:00
Monday 30th December 2019	09:00—18:00
Tuesday 31st December 2019	09:00—18:00
Wednesday 1st January 2020	09:00—18:00
Thursday 2nd January 2020	09:00—18:00

#### **STOCKWOOD:**

Wednesday 25th December 2019	CLOSED
Thursday 26th December 2019	CLOSED
Friday 27th December 2019	07:00—21:00
Saturday 28th December 2019	07:00—21:00
Sunday 29th December 2019	07:00—21:00
Monday 30th December 2019	07:00—21:00
Tuesday 31st December 2019	07:00—21:00
Wednesday 1st January 2020	CLOSED
Thursday 2nd January 2020	07:00—21:00

#### **HENGROVE PHARMACY:**

Tuesday 24th December 2019	09:00—18:00
Wednesday 25th December 2019	CLOSED
Thursday 26th December 2019	09:00—18:00
Friday 27th December 2019	09:00—18:00
Saturday 28th December 2019	09:00—18:00
Sunday 29th December 2019	09:00—18:00
Monday 30th December 2019	09:00—18:00
Tuesday 31st December 2019	09:00—18:00
Wednesday 1st January 2020	CLOSED
Thursday 2nd January 2020	09:00—18:00

#### **BOOTS RIDGEWAY:**

Monday 23rd December 2019	08:45—17:45
Tuesday 24th December 2019	08:45—17:45
Wednesday 25th December 2019	CLOSED
Thursday 26th December 2019	CLOSED
Friday 27th December 2019	08:45—17:45
Saturday 28th December 2019	08:45—17:45
Sunday 29th December 2019	08:45—17:45
Monday 30th December 2019	08:45—17:45
Tuesday 31st December 2019	08:45—17:45
Wednesday 1st January 2020	CLOSED
Thursday 2nd January 2020	08:45—17:45

#### **LLOYDS:**

Tuesday 24th December 2019	08:00—19:00
Wednesday 25th December 2019	CLOSED
Thursday 26th December 2019	CLOSED
Friday 27th December 2019	08:00—19:00
Saturday 28th December 2019	08:00—19:00
Sunday 29th December 2019	08:00—19:00
Monday 30th December 2019	08:00—19:00
Tuesday 31st December 2019	08:00—19:00
Wednesday 1st January 2020	CLOSED
Thursday 2nd January 2020	08:00—19:00

**Wishing you a very Merry Christmas  
and a Happy and Healthy New Year from  
all the team at Armada Family Practice**

