

Armada Family Practice Newsletter

Corona Virus Update

Due to the Corona Virus Pandemic ALL future pre-booked appointments have been cancelled.

We are no longer booking routine appointments. Please ring the surgery on the day if you become ill or an existing condition worsens.

If you had a appointment booked in the next few weeks it has been cancelled.

Please do not queue outside of the practice at 8:30am for an appointment as all patients will need to be screened through a telephone consultation by a member of our clinical team before they attend for an appointment, if the clinician feels it is suitable and you do not have any Coronavirus symptoms they will offer you an appointment on the day if it is required.

All treatment room and chronic disease appointments have also been cancelled. If you require an urgent treatment room appointment please call the practice and a nurse or health care assistant will call you back to discuss this.

Patients do not require a sick note for the first 7 days of being off work due to isolation. You can self certify for the first week.

For anyone requesting a GP letter for holiday/flight cancellations, Public Health England will be releasing a statement for Insurance Companies to follow.

For all of the latest information please visit:

www.gov.uk/coronavirus

It is very important for the people who are in the at risk groups to follow the latest information. These are people who:

- **Are 70 or over**
- **Have a long-term condition**
- **Are pregnant**
- **Have a weakened immune system**

Surgery Opening Times

8:30 TO 6:30PM

MONDAY TO FRIDAY

Emails

Would you like to receive our surgery newsletter by email? If so please ensure we have your up to date email address.

Facebook

We now have our own Facebook page to keep our patients informed of useful information and details of current affairs within the practice.

You can find us under

Armada Family Practice–
Whitchurch Health Centre

Useful Telephone Numbers

NHS 111 (out of hours)	111
District Nurse	01275 547040
Health Visitors	01275 547031
BRI	0117 923 0000
Southmead Hospital	0117 950 5050
St Peter's Hospice	0117 915 9400
Alzheimer's Society	0117 961 0693
CRUSE bereavement	0117 926 4045
Diabetes Education	0117 959 8970



Find us on:
facebook®

Dementia Helpline	0845 300 0336
Carers Support	0117 965 2200
SBCH	0117 342 9692
Midwives	0117 342 9841

Opening Times

Please note that our temporary opening hours until further notice will be as follows:

Monday 8:30 - 18:30

Tuesday 8:30 - 18:30

Wednesday 8:30 - 18:30

Thursday 8:30 - 18:30

Friday 8:30 - 18:30

Saturday - CLOSED

Memory Café

Unfortunately, due to the Corona Virus Pandemic our Memory Café will not be running until further notice.

Open Blood Clinic

Our Open blood clinic will be closed until further notice. For INR's please call the surgery on the day the test is required.

Ordering Medication\Prescription Collection

If you are feeling unwell please send someone else to collect your prescription from the surgery to reduce unnecessary risk. During this period, prescriptions can be requested over the phone. Due to the volume of prescriptions being ordered please be aware that we might exceed our normal protocol.

Our phone lines are going to be very busy so please be patient and we will answer your call as soon as someone is available.

We will do our very best to update you with all of the latest information through our website, Facebook page and posters.

You must stay at home if you have any of the following symptoms:

DO NOT ATTEND YOUR GP SURGERY, PHARMACY OR HOSPITAL

- **A high temperature - You feel hot to touch on your chest or back**
- **A new, continuous cough - this means you've started coughing repeatedly.**