

Armada Family Practice

WHITCHURCH HEALTH CENTRE

Flu vaccination

We have walk in flu vaccine clinics Monday- Friday 8:30-11:30am this year. In addition to our Saturday morning clinics, an appointment is required for our Saturday clinics.

New Quad Vaccine

We are very pleased to confirm that we will be offering the NEW 'Quad-Vaccine' (covers 4 strains) for the 2017/18 flu season, in addition to the usual 'Tri-Vaccine' (covers 3 strains).

GP surgeries run like businesses and the flu vaccine programme generates vital income and helps us meet NHS England targets. If that money goes elsewhere, surgeries struggle to survive and can no longer offer the service. When we vaccinate you against flu we also obtain vital data that is necessary for your ongoing medical care.

You also have the opportunity to be vaccinated against shingles, and/or pneumonia if you are eligible.

If you are eligible for a free flu vaccine, please book your appointment at the surgery or come to our walk in flu clinics. Have your flu jab in an environment that you know, with clinicians and staff you know and where we have your medical records immediately to hand.

We work fast and are practised in vaccinating you, and gathering data at the same time

Mythbusters:

- We have not asked ANY other provider to give you the flu vaccine on our behalf or gather vital medical updates.
- We are NOT running the vaccination programme in partnership with any other provider
- You are NOT doing us a favour, or saving us time by getting your flu vaccine somewhere else.
- Other providers are NOT doing us a favour by giving you the vaccine. Quite the opposite.



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Surgery Opening Times

8:30 TO 6:30PM

MONDAY TO FRIDAY

Emails

Would you like to receive our surgery newsletter by email? If so please ensure we have your up to date email address.

Facebook

We now have our own facebook page to keep our patients informed of useful information and details of current affairs within the practice.

You can find us under
Armada Family Practice–
Whitchurch Health Centre



Useful Telephone Numbers

NHS 111 (out of hours)	111
District Nurse	01275 547040
Health Visitors	01275 547031
BRI	0117 923 0000
Southmead Hospital	0117 950 5050
St Peter's Hospice	0117 915 9400
Alzheimer's Society	0117 961 0693
CRUSE bereavement	0117 926 4045
Diabetes Education	0117 959 8970
Dementia Helpline	0845 300 0336
Carers Support	0117 965 2200
SBCH	0117 342 9692
Midwives	0117 342 9841

During September we had 78 GP appointments & 92 treatment room appointments that patients did not attend!

This totals a shocking 170 wasted appointments during September.

Please call the surgery to cancel your appointment if you are unable to make it or you no longer need it, giving as much notice as possible, so the appointment can be rebooked by another patient.

Patient education meeting

Are you a patient who has COPD as a chronic condition?

During October we are holding an patient education meeting, for COPD for our patients to understand the self help measures and managements available for you. We have limited spaces for 25 patients to attend the education meeting so if you are interested please contact the Health Centre on 01275 832285 and we can add your details to the attendees register.

Wednesday 18th October 6pm—7:30pm ~ COPD patient education evening

Please be advised the patient education meeting is for patients to gain advice for self help and management on their condition and not for personal questions regarding your condition.



Due to lack of interest the Diabetes patient education evening which was scheduled for Wednesday 11th October has now been cancelled.

Download our service finder app

The Bristol NHS service finder app can help you find your nearest, most appropriate health service wherever you are. To download your local version, just search 'NHS service finder' in your app store.

Download the app to find advice and services for:

- ◆ self-care
- ◆ NHS 111
- ◆ your nearest pharmacist
- ◆ your nearest GP
- ◆ your nearest walk-in or minor injuries unit
- ◆ your nearest A&E department
- ◆ appointment reminders
- ◆ appointment notes

