

Armada Family Practice

WHITCHURCH HEALTH CENTRE

Flu Vaccination

Public Health England have informed us that seasonal flu is now circulating and surveillance indicators have shown a substantial increase in the past few weeks in the GP consultation rate for influenza like illness across the south west.



If you are unsure, if you are entitled to your flu vaccine please see reception.



It's not too late to get your Flu Vaccination.

LADIES IMPORTANT INFORMATION

Cervical Screening

NHS Cervical screening helps prevent cervical cancer. Cervical cancer happens when cells in the cervix grow in an uncontrolled way and build up to form a lump. Cells can eventually spread to other parts of the body and become life-threatening.



What is Cervical Screening?

Cervical screening (which can be known as 'smear test') Involves taking a small sample of cells from the surface of your cervix. The sample is sent to a laboratory and checked under a microscope to see if there are any abnormal cells. Abnormal cells are not cancer, but they could develop into cancer if they are left untreated.

Depending on the result of your test, your sample may be tested for the types of human papillomavirus (HPV) that can cause cervical cancer.

Breast Screening

We have been notified by Avon Breast Screening that the Armada Family Practice female patients aged between 47-73 years old will be invited for Breast Screening in February 2018.

What is Breast Cancer?

Breast cancer is the most common type of cancer in the UK. Breast cancer starts when cells in the breast begin to grow in an uncontrolled way and build up to form a lump (This is also known as a tumour). This can be life threatening as the cancer cells can spread to other parts of the body.

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Surgery Opening Times

8:30 TO 6:30PM

MONDAY TO FRIDAY

Emails

Would you like to receive our surgery newsletter by email? If so please ensure we have your up to date email address.

Facebook

We now have our own facebook page to keep our patients informed of useful information and details of current affairs within the practice.

You can find us under

Armada Family Practice—



Whitchurch Health Centre

Useful Telephone Numbers

NHS 111 (out of hours)	111
District Nurse	01275 547040
Health Visitors	01275 547031
BRI	0117 923 0000
Southmead Hospital	0117 950 5050
St Peter's Hospice	0117 915 9400
Alzheimer's Society	0117 961 0693
CRUSE bereavement	0117 926 4045
Diabetes Education	0117 959 8970
Dementia Helpline	0845 300 0336
Carers Support	0117 965 2200
SBCH	0117 342 9692
Midwives	0117 342 9841

During January we had 101 GP appointments & 90 treatment room
Appointments that patients did not attend!

This totals a shocking 191 wasted appointments during January.

Please call the surgery to cancel your appointment if you are unable to make it or you no longer need it, giving as much notice as possible, so the appointment can be rebooked by another patient.

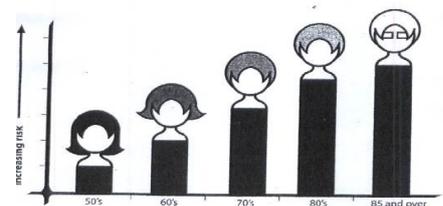
Your risk of breast cancer increases as you get older.

What is Breast Screening?

Breast Screening uses an x-ray test called a mammogram to check the breast for signs of cancer. It can spot cancers that are too small to see or feel.

Breast Screening Results

2 weeks after your appointment you will receive a letter with your breast screening results. These results will also be sent to your GP.



Changes to Chemotherapy bloods requested by Secondary Care

New South Bristol General Practice Policy regarding the taking of Chemotherapy blood tests.

This will take effect for new cancer patients from the 1st March 2018. If you are already having your chemotherapy bloods monitored by the practice we will continue to do so, if this changes we will let you know.

The Practice does not undertake blood tests for the hospital unless they are part of specified ongoing treatments involving INRs for warfarin management, methotrexate or one of a very limited number of drugs prescribed by GPs under specific shared care advice from consultants.

All tests that are required by the hospital must be undertaken by the hospital and you should be booked in to see a hospital phlebotomist.

Why is this?

The clinician who requests the test is responsible for reading the test results correctly. The reason a person may be under a consultant at a hospital is for specialist advice. A GP practice cannot and should not do these blood tests as the result would come back to the GP and not the specialist as they should do. We have a duty of care to our patients and cannot take responsibility for reading the test results for a specialist consultant.

Some drugs (e.g. Chemotherapy) may only be prescribed by hospital consultants because they require specialist monitoring blood tests and so for your safety, such blood tests should be taken by the consultant's team, e.g. hospital phlebotomist.

Patient Participation Group (PPG)

We are holding a PPG meeting Monday 5th March 2018. If you wish to join the group please ask at reception for an application form.